

INSIDE THIS ISSUE:

Vocational
Spotlight 2

Vocational
and Volun-
teering 3

Team
Recogni-
tions 4

Team An-
Celebrated 5
Birthday's!

Pizza and
Polish Day
at Marble 6

Bake Off! 7

Field Day 8

Friends
Day &
Stuffy 9

Exchange

Car Show 1

Cathy's
Florida
Trip 0 1

Education
at Peace of
Mind Re-
minders 1 2 1

Jokes 1

4

Reps & Sets 1

St Pattys 1

Heath Trip 6

1

7

Cookbook 1

Making 8

Peace of Mind Newsletter

JAN - FEB - MAR - 2024

Welcome New Team Members!

We are so grateful to have so many amazing people join our Peace of Mind Team the first quarter of 2024! Welcome to our Peace of Mind Team!

Community Services:

Leah B.

Heather B.

Katherine C.

Hailey E.

Liv K.

Lilly L.

Lori O.

Evan U.

Nicholas W.

Stephen W.

Marketing:

Rachel Z.

Community & Voca- tional:

Mariah K.

Stephanie L.

Vocational Services:

Tyler M.

Residential Services:

Katy B. Elijah P.

Mya C. Hanna M.

Holly K.

James L.

ARMHS Services:

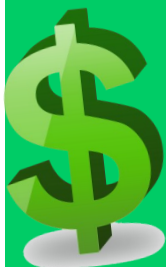
Ashley J.

Maia N.



THANK YOU'S AND REMINDERS!

Many of these new team members were referrals from existing team members and we couldn't be more appreciative for those of you who have spread the word on what a great place Peace of Mind is to work!



REFERRAL BONUS REMINDERS:

If you refer a team member you will *both* receive:

- ☐ \$100 at 90 days of their employment
- ☐ \$200 at 6 months of their employment
- ☐ \$500 at 1 year of their employment

VOCATIONAL and VOLUNTEERING SPOTLIGHT:

We need to give a shout out to these two hard-workers! Tyler not only works at our Peace of Mind London Road Office and Scott Wallin Office but he is pictured below working at the Checkerboard in Wisconsin. Tyler you do a stupendous job, you are not only thorough with your responsibilities but you are also kind and gracious to everyone you meet.

Wendy is new to our Vocational Family at Peace of Mind! Wendy works at Bee Hive Homes and wow does she have a great work ethic and energy!! Her co-workers comment often how much they love when she is working because she is so thorough and never leaves a task unfinished!

Thank you to the Checkerboard and Bee Hive, we value and appreciate working alongside you!



VOCATIONAL and VOLUNTEERING SPOTLIGHT:

We have so many individuals working hard every day that deserve some shout-outs and recognition!



Alexis, or better known as “Lex” has volunteered at the YMCA since 2020!! She does an awesome job preparing breakfast for the toddlers and pre-schoolers and delivers it to their classrooms. She helps with dishwashing, putting away breakfast and washes and folds laundry in the gym.



The Walmart Gang!! James and Bryce have been valued employees at Walmart for four years now!! They celebrated their work anniversary on February 26th! James says he loves working because he likes to stay busy and he is so dedicated.

Russell is new to Walmart, getting hired there this year as the Door Man!





Recognitions for January-March!

Glenwood: Toni & Patty

Superior St: Evan, Mya, & Aricin

Marble: Dee, Akia, & Yolonda

Woodland: Rachael, Iyana

Pike Lake: Julia, Kasi, &

Redbud: Christie, Svetlana, & Kyleigh

Community: Gunther, Naomi, Ashlynne, Lilly, Heather, & Erin

Vocational: Kristie, Jolene, Leah, Annie

Celebrated Team Member Anniversaries!

Caelee B. 3 years: Jan 7

Jolene E..3 years: Jan 18

Lori B. 1 year: Jan 24

Amy N. 1 year: Jan 26

Autumn L. 1 year: Feb 13

Olivia A: 1 year: Feb 16

Shari B. 11 years: Feb 20

Kris H. 1 year: March 10

Svetlana F. 1 year March 15

Hanna L. 1 year March 16

Kaiyo A. 1 year: March 26

A committed individual who is capable of having a significant effect with just a few words or a small act. A person who improves the lives of others. Someone who inspires and motivates others to progress and bring about change.

difference maker





Celebrated Birthdays!

January 9: Chris (Woodland)

February 13: Krissy V. (Glenwood)

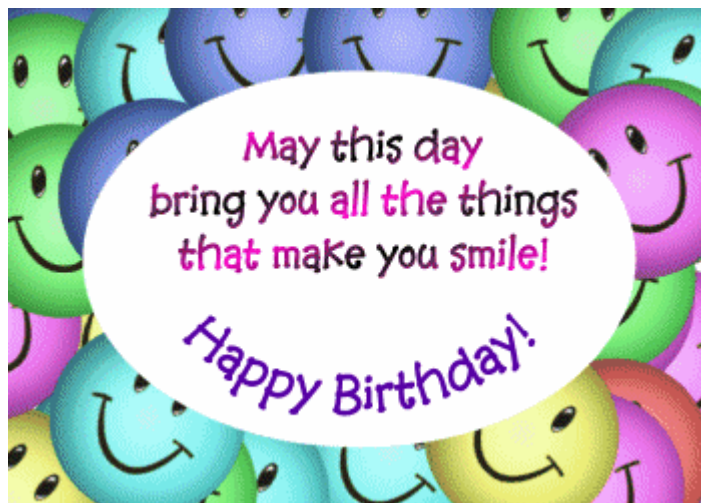
February 15: Adrian (Superior St)

February 22: Bryan R (Marble)

March 19: Brian B. (Pike Lake)

March 24: Eric (Pike Lake)

March 30: Patty (Marble)

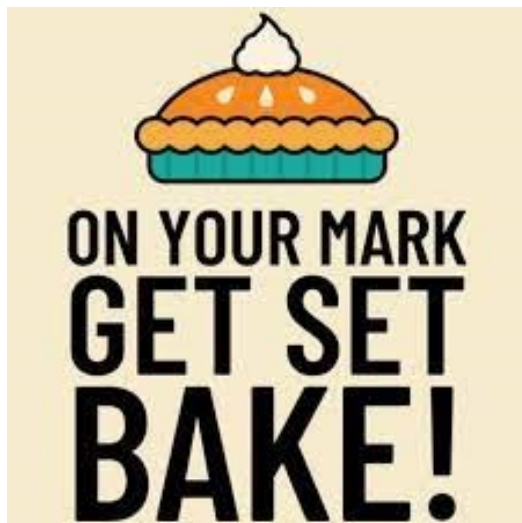


Pizza and Polish Day (and some extra pampering)!



*Do something nice for you.
Because you deserve it.*





This was such a fun event!

3rd Place went to Glenwood

2nd Place went to Superior
Streets Snickers Pudding

1st Place went to Woodland
Baked Smores

Thank you to everyone who
participated

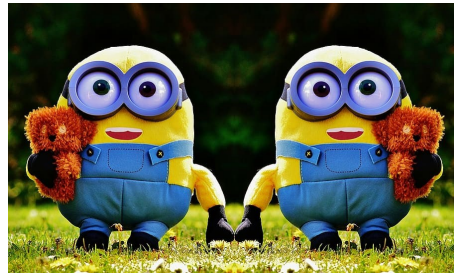




Friendship
warms the heart

FIELD DAY AT
PIKE LAKE





FRIENDS DAY &
STUFFY EXCHANGE
AT
REDBUD



*"There is nothing on this
earth more to be prized than
true friendship."*
~ Thomas Aquinas
**Happy Valentine's Day,
my friend!**

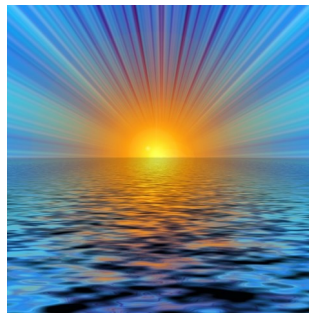




Joe and Todd both love cars! They had a great time at Motorhead Madness and partook in some friendly competition with their remote control cars at home.



Cathy and Cindy enjoyed their trip to Florida! They bought some matching hats, spent time on the beach and enjoyed the warm weather!



Education Updates!

Person Centered Thinking:

New Team Members at Peace of Mind can look forward to Person Centered Thinking Classes in May!!

CPR Education:

We have switched over to Friends & Family CPR training!
We will still be requiring this training every two years!



**LOOK
WHAT'S
NEW!**

Fun Things Happening!

We have weekly Wednesday activities at various houses and at the office. If you ever want to know what's coming up, please contact your Manager!

The more people that attend, the better!

If you ever have an idea and want to coordinate an activity please know that you can definitely initiate this, just connect with your manager and let's get the ball rolling! New Ideas Are Welcome!

Education Reminder!

If you ever feel like you are forgetting a skill or how to do something, please make sure you are reaching out to your manager or coordinator. We never want someone to be in a situation where they aren't sure what to do. Studies have found that if you don't practice a skill you tend to forget, reaching out to ask for a refresher shows Integrity! (Which is one of our Core Values, so don't be afraid to practice it!)

****If you ever see a learning opportunity in the community that you feel would be helpful please pass along as it may not just benefit you but others at Peace of Mind!**



Annual Training in January!!

Thank you to all of you amazing team members who attended Annual Training Classroom in January. We know how busy each of you are so are grateful that you made this a priority! We also hope that you all enjoyed your Peace of Mind Attire and wear it with pride!



Gunther, Stuart, & Markie (square dancing stance)



Riley, Olivia, Iyana, & Kris



Austin, Brent, Dee, & Kasi



Toni, Jame, Kelsey, & Brynn



Allen, Dawn, DanTerrah, Brooke, Nick, Nathaniel, Ava, Jack, Dane, Wyatt, & Bobbi



Linda, Brenner, Naomi, & Lori



Autumn, Harleigh, Erin, Carla, & Hanna



Yolonda, Edward, Aricin, Trena, & Jessica

Sed's Shenanigans

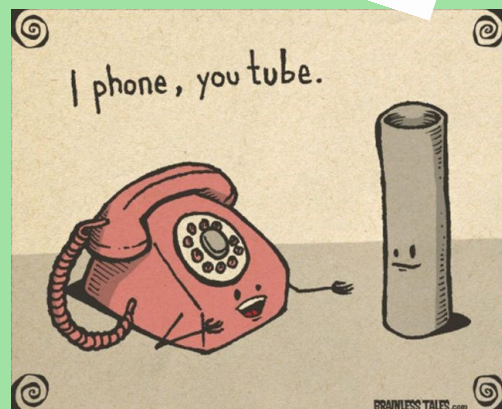
Sed's Joke #1

What do you hear when you throw a piano down a mineshaft?

Answer: At Bottom of Page!



Just
for
fun



Sed's Joke #2:

What's the difference between a duck

Answer: At Bottom of Page

***Sed loves this one because it doesn't make sense and everyone gives a puzzled look!

Ha-ha***

Joke # 2 answer: One leg is different than the same

Joke # 1 answer: A Flat Minor

Shannon at Reps and Sets Fitness!

Do you know the schedule for Shannon's visits? If not here they are! Reminder that you are more than welcome to join at anytime! If you decide to please just call the house ahead of time, but the more the merrier!

Every Tuesday (no sessions at Redbud the first Tuesday of each month)

Redbud House 10:15am-10:45am (218) 722-1103

Glenwood: 11:15am-11:45am (218) 525-3760

Woodland: 12:00pm-12:30pm (218) 728-8985



Shannon's Motto:

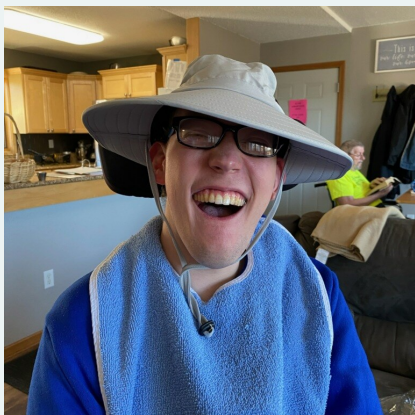
*You don't have to move
fast, you just have to keep
moving forward!*







Heath is counting down the days until his Cruise Vacation with his friend Mary!! They are both so excited to get to go on this trip that they have been planning for over a year!



Heath said he is happy that they even planned it during the Spring Break so that way he isn't missing any work at Keyzone. He is one hard worker and doesn't like missing work if he doesn't have to.



The Cruise ship they are going on has 18 floors!! He signed up for one excursion but is otherwise excited to "wing it". They will be visiting St. Thomas and Cocoa K.

Please bring some of that sunshine back with you!



PEACE OF MIND COOKBOOK MAKING

The Residential Teams got together to make Peace of Mind Cookbooks!! Each team came up with their favorite recipes to include and share, then Patty, Bryan, Krissy, Joy, and Todd helped color the covers for the Cookbooks!

